

# IRLEN SYNDROME

IT'S NOT THE EYES, IT'S THE BRAIN

Irlen Syndrome is a problem with the brain's ability to process visual information. It can affect what letters and words look like, and how well someone can read. It can be the cause of unexplained physical symptoms, such as headaches, eyestrain, and fatigue. It is not identified by standardized educational or medical tests. It is easy to identify and help, if you know what to look for.



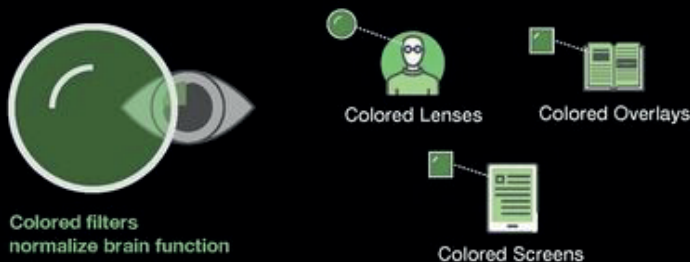
## SYMPTOMS

- Light sensitivity
- Headaches and migraines
- Attention and concentration problems
- Reading problems
- Print or environmental distortions
- Strain and fatigue
- Problems with depth perception

## COMMONLY MISDIAGNOSED

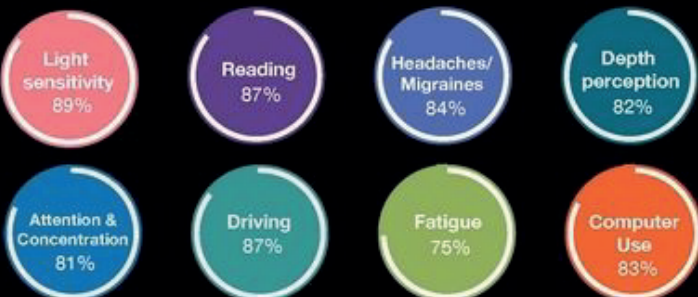
- Dyslexia
- ADHD
- Behavior Problems
- Psychological or psychiatric disorders

## A NON-INVASIVE SOLUTION



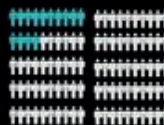
## COLOR MAKES A DIFFERENCE!

Percent of People Experiencing Improvement



## IN THE POPULATION (<INCIDENCE)

14% of the population



- 46% Learning disabilities, reading problems
- 14% Average students, gifted, good readers
- 33% ADHD, Dyslexia, behavior problems
- 30% Autism
- Students with certain medical/visual/psychological conditions
- Students who have suffered head injury, concussion, or whiplash

## INHERITED AND ACQUIRED

- Brain trauma/concussion  
*falls, car accidents, domestic violence*
- Athletes  
*football, soccer, ice hockey*
- Military  
*blast exposure, TBI*
- Passed down directly from either mom or dad

## IS IT YOU?

### Self-Test

When Reading, Do you...

- |  |   |                                   |   |
|--|---|-----------------------------------|---|
| Skip words or lines?                     | ✓ | Get red and watery eyes?          | ✓ |
| Reread lines?                            | ✓ | Get tired?                        | ✓ |
| Lose your place?                         | ✓ | Blink or squint?                  | ✓ |
| Get easily distracted?                   | ✓ | Prefer dim light?                 | ✓ |
| Take breaks often?                       | ✓ | Move closer to the page?          | ✓ |
| Find it gets harder the longer you read? | ✓ | Use your finger or other markers? | ✓ |
|  |   | Get restless, active or fidgety?  | ✓ |
|  |   | Get headaches?                    | ✓ |

Answering "yes" to 3 or more questions indicates you might be experiencing the effects of Irlen Syndrome

LEARN MORE

» IRLN.COM  
» IRLNSYNDROME.ORG